## Nuclear Receptor Retinoid–Related Orphan Receptor $\alpha$ 1 Modulates the Metabolic Activity of Human Osteoblasts

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## ABSTRACT

Nuclear receptor retinoid-related orphan receptor alpha (ROR $\alpha$ 1) is a member of ROR-family receptors. It is broadly expressed in various tissues and organs during embryonic development. However, so far, little is known about its function in bone. Here, we have elucidated the expression and function of ROR $\alpha$ 1 in human MG-63 osteoblast-like cells. Reverse transcriptase-polymerase chain reaction and immunocytochemical analysis revealed that human MG-63 osteoblasts expressed and produced ROR $\alpha$ 1. Other cell lines, such as THP-1 monocytes expressed also ROR $\alpha$ 1. ROR $\alpha$ 1 over-expression increased alkaline phosphatase, osteocalcin, cell mineralization, and collagen type I mRNA and protein expression, while ROR $\alpha$ 1 RNA silencing inhibited these responses. In addition, ROR $\alpha$ 1 over-expression suppressed the tumor necrosis factor-alpha (TNF $\alpha$ )-induced production of cyclooxygenase-2, prostaglandin E<sub>2</sub>, and metalloproteinase-9. Examination of the signaling pathways disclosed that ROR $\alpha$ 1 was able to block TNF $\alpha$ -evoked nuclear factor-kappaB activation. In conclusion, this study demonstrates that ROR $\alpha$ 1 is involved in human osteoblast metabolism by stimulating osteoblast marker expression and inhibiting inflammatory responses. The results may encourage further exploration of ROR $\alpha$ 1 as a potential target for the treatment of bone disorders related to inflammation. J. Cell. Biochem. 112: 2160–2169, 2011. © 2011 Wiley-Liss, Inc.

KEY WORDS:  $ROR\alpha 1$ ; OSTEOBLAST METABOLISM MARKERS; INFLAMMATORY RESPONSES

**R** etinoid-related orphan receptors (RORs) constitute a subfamily of nuclear receptors that include three members (isotypes): ROR $\alpha$ , ROR $\beta$ , and ROR $\gamma$ . ROR $\alpha$ ,  $\beta$ , and  $\gamma$  expression varies from tissue to tissue, indicating that ROR subtypes play different biological roles. ROR $\alpha$  is expressed in various organs, including the brain, skeletal muscle, kidneys, testis, and hair follicles [Giguere, 1999; Lau et al., 1999; Jetten and Ueda, 2002]. ROR $\beta$  is brain-specific and highly expressed in the pineal gland, suggesting its involvement in the control of circadian rhythm. ROR $\gamma$  expressed most highly in the thymus, has been shown to be important in thymopoiesis [Giguere, 1999; Jetten and Ueda, 2002]. ROR $\alpha$  binds as monomer to the ROR response element (RORE) sequence in the promoter of target genes composed of a 6-bp A/T rich region immediately preceding a half core AGGTCA motif [Giguere et al.,

1994; McBroom et al., 1995]. RORE sites have been identified in many gene promoters [Schrader et al., 1996]. ROR $\alpha$ -deficient mice exhibit abnormalities in bone formation and bone tissue maintenance, denoting that it functions as a positive regulator of osteogenesis with participation in bone metabolism [Meyer et al., 2000]. The ROR $\alpha$  gene generates four splicing isoforms: ROR $\alpha$ 1,  $\alpha$ 2,  $\alpha$ 3, and  $\alpha$ 4 [Schrader et al., 1996; Jetten and Ueda, 2002]. These receptors have different tissue distributions: while ROR $\alpha$ 1 and ROR $\alpha$ 4 are expressed ubiquitously, ROR $\alpha$ 2 and ROR $\alpha$ 3 are expressed in a more restricted manner. ROR $\alpha$ 2 was recently reported in cells of the immune system [Pozo et al., 2004]. ROR $\alpha$ 3 has so far been detected only in the human testis [Jetten and Ueda, 2002]. However, little is known about the role of ROR $\alpha$ 1 in human osteoblasts.

2160

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ROR null mice display skeletal and immune abnormalities associated with abnormal mineralization and increased mRNA levels of interleukin-1beta (IL-1β), IL-6, and tumor necrosis factoralpha (TNFα) [Kopmels et al., 1992; Lyashenko et al., 2010]. Under the influence of an adenovirus encoding for RORa1, RORa1 negatively regulates the inflammatory response by interfering with the nuclear factor-kappaB (NF-KB) signaling pathway in primary smooth muscle cells [Delerive et al., 2001]. This action of RORα1 on NF-KB is likely due to the induction of inhibitor kappa B-alpha  $(I\kappa B\alpha)$ , a major inhibitory protein of the NF- $\kappa B$  signaling pathway, whose expression is transcriptionally up-regulated by RORa1 via a RORE in the I $\kappa$ B $\alpha$  promoter. A role for ROR $\alpha$  in bone metabolism has suggested by experiments showing that  $ROR\alpha^{sg/sg}$  mice are osteopenic [Meyer et al., 2000]. Total mineral content and bone density are significantly reduced in bones of RORa-deficient mice compared to those of wild-type mice. These findings indicate an imbalance between bone formation and bone resorption, implying a positive regulatory function for ROR $\alpha$  in bone development. This is supported by studies demonstrating that RORa mRNA is significantly enhanced during the differentiation of mesenchymal stem cells into osteoblasts, and RORa is able to activate the promoter of bone sialoprotein gene [Meyer et al., 2000]. Although these observations are in agreement with the hypothesis that RORa regulates osteoblast function and activity, further studies are needed to determine its precise role in bone metabolism.

Subchondral bone is specialized connective tissue formed by a mineralized matrix containing specific collagen type I (COL 1), proteoglycans, and several growth factors and cytokines, as well as bone-specific cell types (osteoblasts, osteocytes, and osteoclasts) [Karsenty, 1999; Igbal and Zaidi, 2005]. Osteoblasts and osteoclasts, either alone or in combination, contribute to the bone remodeling process, and disturbance in the activities of these cells is responsible for altered bone metabolism. Under the action of pro-inflammatory cytokines, degradation of bone extracellular matrix (e.g., native collagen) is initiated by the combined influence of several proteases, such as matrix metalloproteinases (MMPs). MMP-9, in both human osteoblasts and osteoclasts, is likely crucial in bone pathophysiological processes [Cunnane et al., 2001; Kaneko et al., 2001; Lu and Rabie, 2006]. Other pro-inflammatory factors, such as prostaglandins (PGs) and leukotrienes, cause an imbalance in bone metabolism favoring bone resorption. PGE<sub>2</sub> is produced by bone cells largely through the action of inducible cyclooxygenase-2 (COX-2), stimulating either bone resorption or formation [Raisz et al., 1993]. Many inflammatory factor genes and MMPs involved in bone damage are regulated by inducible transcription factors, such as NFκB, activator protein-1, and cyclic AMP response element-binding protein. The NF-kB signaling pathway appears to be critical in inflammation and bone destruction, particularly for osteoclast differentiation [Ahn and Aggarwal, 2005; Jimi and Ghosh, 2005].

The aim of this study was to investigate ROR $\alpha$ 1 functional in human osteoblast metabolism. The isoform expression pattern of ROR $\alpha$  in human MG-63 osteoblast-like cells was examined. We also evaluated the effects of ROR $\alpha$ 1 over- and down-expression on osteoblast metabolism markers, such as alkaline phosphatase (ALP), osteocalcin (OC), and COL I, in MG-63 cells. The influence of ROR $\alpha$ 1 on TNF $\alpha$ -induced MMP-9 and PGE<sub>2</sub> (COX-2) expression as well as the NF- $\kappa$ B signaling pathway was also examined in these cells.

## MATERIALS AND METHODS

## CELL CULTURE

Human MG-63 osteoblast-like cells, obtained from the American Type Culture Collection (ATCC, Rockville, MD), were grown in HAMF12/Dulbecco's modified Eagle's medium (HAMF12/DMEM) (Sigma-Aldrich Canada Ltd, Oakville, ON, Canada) containing 10% fetal bovine serum (FBS) (HyClone, Logan, UT), 1% penicillinstreptomycin (Invitrogen Life Technologies, Burlington, ON, Canada) mixture and 50 µg/ml ascorbic acid (Sigma-Aldrich Canada Ltd). The cells were seeded at high density in culture flasks at  $37^{\circ}$ C in a humidified atmosphere of 5% CO<sub>2</sub>/95% air until they were confluent and ready for the experiments. They were utilized within 13 passages. Human acute monocytic leukemia THP-1 cells were obtained from ATCC (Manassas, VA) and cultured according to the supplier's recommendations. They were maintained in RPMI 1640 cell culture medium containing 10% FBS, L-glutamine, and  $5 \times 10^{-5}$  M  $\beta$ -mercaptoethanol. Cells were suspended in 12-well tissue culture plates and exposed to either medium alone.

### TRANSFECTION EXPERIMENTS

RORa1 small interfering RNA (siRNA, sc-38864) and a random sequence siRNA serving as negative control (sc-37007) were purchased from Santa Cruz Biotechnology, Inc. (Santa Cruz, CA). pCMX-RORa1 expression plasmid and pCMX empty vector were kindly provided by Dr. V. Giguere (McGill University, Montreal, QC, Canada). MG-63 cells were seeded in 12-well plates at a density of  $1 \times 10^5$  cells per well. The next day, the cells were transfected with RORa siRNA or randomly sequenced siRNA at a concentration of 100 nM with siRNA Oligofectamine<sup>TM</sup> transfection reagent (Invitrogen Life Technologies) according to the manufacturer's protocol. ROR $\alpha$ 1 plasmid transfection was performed with Lipofectamine<sup>2000</sup> transfection reagent (Invitrogen Life Technologies). A typical reaction mixture consisted of 0.2 µg pCMX-RORa1 expression vector and 2 µl Lipofectamine<sup>2000</sup> transfection reagent as per the manufacturer's protocol. pCMX empty vector was the negative control.

#### IMMUNOCYTOCHEMICAL STAINING

MG-63 cells (5 × 10<sup>3</sup>/well) were transferred to eight-well culture chamber slides (Lab-Tek, Nalge Nunc International, Naperville, IL) and incubated for 24 h, as described previously [Shi et al., 2007]. Then, the cells were washed twice with phosphate-buffered saline (PBS) and fixed for 15 min at room temperature with PBS containing 10% formaldehyde (Tissufix, Laboratoire Gilles Chaput, Montreal, QC, Canada). Cellular ROR $\alpha$  expression was analyzed by immunocytochemical staining with specific antibody against ROR $\alpha$  (1:100, Novus Biologicals, Inc., Littleton, CO). Proteins were visualized with secondary fluorescein isothiocyanate (FITC)-conjugated anti-rabbit antibodies (1:1,000, Santa Cruz Biotechnology, Inc.) by Zeiss LSM 510 Meta Confocor24 confocal microscope (Carl Zeiss Microimaging, Inc., Jena, Germany). The nucleus was stained by 4'-6-diamidino-2-phenylindole (DAPI) (blue).

## CELLULAR ALP ACTIVITY, OC, PGE2, AND MMP-9 LEVELS

Forty-eight hours after transfection (ROR $\alpha$ 1 siRNA, scrambled siRNA control, empty vector, or ROR $\alpha$ 1 expression plasmid), the cell supernatants were collected and frozen at  $-80^{\circ}$ C before assay. The cells were washed twice with PBS (pH 7.4) and lysed in ALP buffer (100 mM glycine, 1 mM MgCl<sub>2</sub>, 1 mM ZnCl<sub>2</sub>, 1% Triton X-100, pH 10.5) for 60 min with agitation at 4°C. ALP activity in cellular lysates was quantified as the release of *p*-nitrophenol hydrolyzed from *p*-nitrophenyl phosphate (final concentration 12.5 mM) at 37°C for 30 min [Shi et al., 2006]. Proteins were quantified by the bicinchoninic acid method [Smith et al., 1985]. Nascent OC levels in culture media were analyzed by specific enzyme immunoassay (Biomedical Technologies, Inc., Stoughton, MA). The detection limit of this assay was 0.4 ng/ml.

In another set of experiments and 24 h after transfection of ROR $\alpha$ 1 siRNA or expression plasmid, MG-63 cell culture medium was replaced by fresh medium containing 0.5% FBS with or without 10 ng/ml TNF $\alpha$ . PGE<sub>2</sub> and MMP-9 were assessed, respectively, with enzyme immunoassay kit from Cayman Chemical (Ann Arbor, MI) and MMP-9 ELISA kit from R&D Systems (Minneapolis, MN). This assay is based on competition between PGE<sub>2</sub> and a PGE<sub>2</sub>-acetylcholinesterase conjugate (PGE<sub>2</sub> tracer) for a limited amount of PGE<sub>2</sub> monoclonal antibody. Its sensitivity was 9 pg/ml.

#### PROTEIN DETECTION BY WESTERN BLOTTING

Twenty micrograms of total proteins from osteoblast lysates treated under the indicated conditions were subjected to discontinuous 4–12% sodium dodecyl sulfate–polyacrylamide gel electrophoresis. Protein transfer, immunodetection, and semiquantitative measurements were performed as described previously [Shi et al., 2006]. Polyclonal rabbit anti-human COX-2 and COL I (1:1,000, Oncogene Research Products, San Diego, CA), anti-human RORα (1:1,000, Sigma–Aldrich Canada Ltd), and anti-human β-actin (Santa Cruz Biotechnology, Inc.) were used. Nuclear and cytosolic fractions of osteoblasts were prepared for NF- $\kappa$ B/p65 and phosphorylated I $\kappa$ Bα determination [Shi et al., 2006]. Ten  $\mu$ g nuclear and cytosolic proteins were subjected to Western blotting with specific rabbit antibodies, anti-NF- $\kappa$ B/p65, and anti-phospho I $\kappa$ B $\alpha$  (Santa Cruz Biotechnology, Inc.).

## REVERSE TRANSCRIPTION-POLYMERASE CHAIN REACTION (RT-PCR) ANALYSIS

Total RNA was extracted from osteoblasts with TRIzol reagent (Invitrogen Life Technologies) according to the manufacturer's specifications. RNA was quantified with the RiboGreen RNA quantitation kit (Molecular Probes, Eugene, OR).

One microgram of total RNA was taken for semi-quantitative RT-PCR of ROR $\alpha$  isoforms in a Thermocycler (Waterman, Biometra GmbH, Göttingen, Germany), as indicated in our previous report [Shi et al., 2007]. RT-PCR assays were conducted with SuperScript 1-step RT-PCR kit from Invitrogen Life Technologies. The sequences of the forward primer were: ROR $\alpha$ 1, 5'-AAA CAT GGA GTC AGC TCC G-3'; ROR $\alpha$ 2, 5'-CTC CAA ATA CTC CAT CAG TGT ATC C-3'; ROR $\alpha$ 3, 5'-CAA CTT GAG CAC ATA AAC TGG-3'; ROR $\alpha$ 4, 5'-GCA CCG CGC

TTA AAT GAT GT-3'. Four primers were combined with a common reverse primer with the following sequence: 5'-CAT ACA AGC TGT CTC TCT GC-3'. The sequences for glyceraldehyde-3-phosphate dehydrogenase (GAPDH) as internal control were: 5'-CCA CCC ATG GCA AAT CCA TGG CA-3' (forward) and 5'-TCT AGA CGG CAG GTC AAG GTC CAA CC-3' (reverse) (BioCorp, Inc., Montreal, QC, Canada). Negative controls for RT-PCR without primers were included in each experiment. RT-PCR products were separated on 2.2% agarose gel and scanned in a digital imaging system (G-image 2000, Canberra Packard Canada, Mississauga, ON, Canada).

For real-time RT-PCR analysis, 1 µg total RNA was reverse transcripted with reverse transcription kit (Qiagen Inc., Mississauga, ON, Canada), as per the manufacturer's guidelines. One-fifth of the reverse transcriptase reaction was analyzed by real-time quantitative PCR [Shi et al., 2006]. The following primers were deployed: ALP, forward 5'-ATG GTG GAC TAT GCT CAC AAC-3', reverse 5'-GAC GTA GTT CTG CTC GTG GA-3'; OC, forward 5'-GCA GCG AGG TAG TGA AGA-3', reverse 5'-TCC TGA AAG CCG ATG TGG-3'; COL I, forward 5'-GAG AGC ATG ACC GAT GG-3', reverse 5'-GTG ACG CTG TAG GTG AA-3'; COX-2, forward 5'-TTC AAA TGA GAT TGT GGG AAA ATT GCT-3', reverse 5'-AGT TCA TCT CTG CCT GAG TAT CTT-3'; MMP-9, forward 5'-GCC AAT CCT ACT CCG C-3', reverse 5'-GTC GCT GTC AAA GTT CG-3'; and GAPDH, forward 5'-CAG AAC ATC ATC CCT GCC TCT-3', reverse 5'-GCT TGA CAA AGT GGT CGT TGA G-3'. Preliminary experiments showed that the amplification efficiency of RORa1, ALP, OC, COL I, COX-2, MMP-9, and GAPDH was similar. Relative ALP, OC, COL I, COX-2, or MMP-9 mRNA expression in cultured osteoblasts was analyzed as fold changes relative to control conditions (unstimulated cells) according to the  $\Delta\Delta C_{\rm T}$  method, as detailed in the manufacturer's guidelines (Stratagene, La Jolla, CA). A  $\Delta C_T$  value was first calculated by subtracting the C<sub>T</sub> value for the GAPDH housekeeping gene from each sample. A  $\Delta\Delta C_T$  value was then obtained by subtracting the  $\Delta C_T$  value of the control from the  $\Delta C_T$  value of each treatment. Fold changes compared with the control (unstimulated cells) were then quantified by raising 2 to the  $\Delta\Delta C_T$  power. Each PCR was performed in triplicate on two separate occasions in at least three independent experiments.

#### NF-KB PROMOTER

NF-κB luciferase plasmids containing five NF-κB consensus sequences were obtained from Stratagene. NF-κB luciferase plasmids were transiently transfected with or without RORα1 expression plasmid into MG-63 osteoblasts (approximately 50% confluence) in 12-well cluster plates according to Lipofectamine2000<sup>TM</sup> reagent methods (Invitrogen Life Technologies) following the manufacturer's protocol. Briefly, transfections were conducted for 6 h with DNA-Lipofectamine complexes containing 2 µl of Lipofectamine reagent and 2 µg DNA plasmid. After washing, the medium was replaced by fresh medium containing 1% FBS, and the experiments were performed in this medium supplemented with the factors under study. Luciferase activity was quantified in cellular extracts with luciferase assay kit (Promega Corporation) in a microplate luminometer (Applied Biosystems, Foster City, CA) and normalized to protein level.

## EVALUATION OF MINERALIZATION

MG-63 osteoblasts were seeded in eight-well culture chamber slides (Lab-Tek, Nalge Nunc International) at a density of  $2 \times 10^4$  per chamber and incubated in BGJb medium containing 10% FBS, 50 µg/ml ascorbic acid, and 50 µg/ml β-glycerophosphate. The next day, the cells were transfected with scrambled siRNA or ROR $\alpha$ 1 siRNA, as described above. Then after, the medium was changed medium was changed every 2 days until day 28. On day 28, mineralization of cell cultures was evaluated by alizarin red staining [Gregory et al., 2004]. Quantification of alizarin red staining was also performed, following the extraction procedure described by Gregory et al. [2004].

### STATISTICAL ANALYSIS

The data are expressed as means  $\pm$  standard error of the mean (SEM). Assays were performed in triplicate in at least three independent experiments. Statistical significance was assessed by unpaired Student's *t*-test, and *P* < 0.05 was considered significant.

## RESULTS

#### RORa1 EXPRESSION IN HUMAN MG-63 OSTEOBLAST-LIKE CELLS

With specific primers for RORa isoforms in 1-step semi-quantitative RT-PCR assay, we determined that ROR $\alpha$ 1, ROR $\alpha$ 2, and ROR $\alpha$ 4, but not ROR $\alpha$ 3, were expressed in MG-63 osteoblast-like cells (n = 3) (Fig. 1A). The amplicons size for ROR $\alpha$ 1, ROR $\alpha$ 2, ROR $\alpha$ 4, and GAPDH were 340, 405, 310, and 500 bp, respectively. RT-PCR performed without primers in negative control experiments yielded no PCR products (Fig. 1A). Immunocytochemistry demonstrated that RORa protein was localized in the nucleus of MG-63 cells (Fig. 1B, green). RT-PCR data showed that RORa1 was also expressed in THP-1 monocytes (Fig. 1C). We then evaluated the transfection efficiency of RORa1 siRNA and expression vector in MG-63 cell culture. Figure 2 shows that siRNA decreased RORa1 mRNA and protein expression by 62 (P < 0.05) and 90%, respectively, compared to the scrambled siRNA control (Fig. 2A,B). Western blot analysis with polyclonal anti-RORa antibody revealed that transient transfection with RORa1 expression vector increased RORa expression in MG-63 osteoblasts by 380% (Fig. 2B). The empty vector-treated control presented no effect.

#### **OSTEOBLAST METABOLISM MARKERS**

In another set of experiments, we assessed the role of ROR $\alpha$ 1 in the modulation of osteoblast metabolism markers. Compared to the scrambled siRNA control, ROR $\alpha$ 1 siRNA treatment significantly decreased ALP mRNA and activity levels by 69% (Fig. 3A, P < 0.05) and 40% (Fig. 3B, P < 0.001), OC mRNA and protein levels by 66% (Fig. 3C, P < 0.05), and 22% (Fig. 3D, P < 0.001), and COL I mRNA and protein levels by 60% (Fig. 3E, P < 0.05) and 90% (Fig. 3F), respectively. In contrast, ROR $\alpha$ 1 over-expression increased ALP (P < 0.05), OC (P < 0.05), and COL I (P < 0.05) mRNA expression by about 900%, 135%, and 140% compared to empty-vector controls, respectively (Fig. 3A,C,E). ROR $\alpha$ 1 over-expression augmented ALP activity (P < 0.05), OC (P < 0.05), and COL I protein levels by about 15%, 25%, and 1.5-fold, respectively, compared to the empty-vector



Fig. 1. ROR $\alpha$  expression in human MG-63 osteoblast-like cells. A,C: Total RNA was extracted from MG-63 osteoblasts and THP-1 monocytes. One-step semi-quantitative RT-PCR analysis of ROR $\alpha$  isoforms and GAPDH was performed, as described in the Materials and Methods Section. RT-PCR without primers served as negative control. B: Immunocytochemistry was undertaken as explained in the Materials and Methods Section with rabbit polyclonal anti-ROR $\alpha$  antibody (1:100, Novus Biologicals, Inc.). Top left: The nucleus was visualized by DAPI (blue). Top right: Proteins (green) were visualized with secondary FITC-conjugated anti-rabbit antibodies. Bottom left: Control image without any staining. Bottom right: Co-localization of DAPI (blue) and ROR $\alpha$  protein staining (green). ROR $\alpha$  protein (top and bottom right) was localized in the nucleus.



Fig. 2. Efficiency of RORAT down- and over-expression. MG-63 cells were transfected with scrambled siRNA control, RORA1 siRNA, empty-vector or RORA1 expression plasmid, as described in the Materials and Methods Second. A: Total RNA was isolated and RORA1 mRNA expression analyzed by quantitative real-time RT-PCR. RORA1 mRNA levels were normalized to GAPDH mRNA expression. The data are means  $\pm$  SEM of n = 3 and expressed as relative to scrambled siRNA control. Student's unpaired *t*-test: \**P* < 0.05. B: Total cell lysates (approximately 20 µg) were prepared and subjected to Western blotting with rabbit polyclonal anti-RORA antibody (1:100, Sigma–Aldrich Canada Ltd).

control (Fig. 3B,D,F). Taken together; these results indicate that  $ROR\alpha_1$  was involved in the regulation of osteoblast metabolism markers in MG-63 cells.

### IN VITRO MINERALIZATION POTENTIAL

To determine the involvement of ROR $\alpha$  in osteoblasts mineralization in bone tissue, we incubated confluent MG-63 osteoblasts for 28 days in a culture medium that promotes mineralization, with or without siRNA against ROR $\alpha$ 1 or expression vector of ROR $\alpha$ 1, and determined their mineralization potential by alizarin red staining. As indicated in Figure 4A,B, transfected cells with ROR $\alpha$ 1 siRNA showed reduced alizarin staining compared to scrambled siRNA. In contrast, the overexpression of ROR $\alpha$ 1 in osteoblasts stimulated cell mineralization when compared to controls.

#### PGE<sub>2</sub> RELEASE AND COX-2 EXPRESSION

To establish whether ROR $\alpha$ 1 modulates inflammatory responses, we evaluated the effects of ROR $\alpha$ 1 down- and over-expression on COX-2 mRNA and protein expression and related PGE<sub>2</sub> release in MG-63 osteoblasts. Basal PGE<sub>2</sub> production was increased significantly after ROR $\alpha$ 1 siRNA treatment by 312% (P < 0.001) (57.52 ± 6.79 ng/mg prot., n = 4) compared to scrambled siRNA control untreated cells (18.42 ± 1.13 ng/mg prot., n = 4) (Fig. 5A). Heightened PGE<sub>2</sub> production was directly related to elevate basal COX-2 mRNA (P < 0.05) and protein level by about 1.52- and 2.2-fold compared to siRNA control cells, respectively (Fig. 5B,C). However, ROR $\alpha$ 1 over-

expression had no effect on basal PGE<sub>2</sub>, COX-2 mRNA, and protein levels (Fig. 5A,B). In the presence of TNFα, the addition of RORα siRNA increased PGE<sub>2</sub> (P < 0.01), COX-2 mRNA (P < 0.01), and protein levels by 300%, 250%, and 145% compared to siRNA cells (Fig. 5A,B). RORα1 over-expression significantly lowered TNFαinduced PGE<sub>2</sub> levels by 20% (P < 0.05) in comparison to MG-63 osteoblasts transfected by empty-vector followed by TNFα treatment (Fig. 5A). This reduction was accompanied by decreased COX-2 mRNA (P < 0.01) and protein level by 69% and about 1.3-fold, respectively (Fig. 5B,C). These results suggested that RORα1 siRNA interacted synergistically with TNFα-induced inflammatory responses, but RORα1 over-expression had a protective effect against inflammation.

### MMP-9 EXPRESSION

MMP-9, expressed in both human osteoblasts and osteoclasts, is likely to be a crucial factor in bone pathophysiological processes [Bordji et al., 2000; Cunnane et al., 2001]. To study the regulation of MMP-9 expression by ROR $\alpha$ 1, osteoblasts were transfected by ROR $\alpha$ 1 siRNA or expression vector and then stimulated for 24 h with TNF $\alpha$  (10 ng/ml). Compared to control cells, TNF $\alpha$  significantly induced MMP-9 mRNA and protein levels in MG-63 by 450% and 250% (Fig. 6A,B, *P* < 0.05). Basal MMP-9 mRNA and protein production was increased significantly after ROR $\alpha$ 1 treatment by 155% and 166% (*P* < 0.05) compared to scrambled siRNA control untreated cells. This increment was completely inhibited by ROR $\alpha$ 1 over-expression by 75% when compared to empty-vector control cells (*P* < 0.05).

# EFFECT OF ROR $\alpha$ 1 OVER-EXPRESSION ON TNF $\alpha$ -INDUCED NF- $\kappa$ B ACTIVATION

The transcription factor NF-KB is believed to mediate the induction of several pro-inflammatory target genes, such as COX-2 and MMP-9 [Yang and Karsenty, 2002; Ahn and Aggarwal, 2005; Jimi and Ghosh, 2005]. To identify the mechanism by which RORα1 inhibits TNF $\alpha$ -evoked COX-2 and MMP-9 expression, we examined whether RORα1 suppresses NF-κB activation. First, we investigated the influence of RORα1 on the transcriptional activity of the pNF-κB-Luc gene construct, which contains five copies of NF-KB response elements. We found that RORa1 siRNA treatment led to basal and TNFa-induced transcriptional activation of luciferase activity by 121% and 121%, respectively, compared to scrambled siRNA (Fig. 7A). RORa1 overexpression plasmid resulted in a decrease of basal and TNFa-induced transcriptional activation of luciferase activity in MG-63 cells by 76% and 83%, respectively (Fig. 7A). Western blotting showed that RORa1 down- and over-expression had no significant effect on basal NF-KB/p65 level in the nucleus of osteoblasts (Fig. 7B). Combined with TNFa, RORa1 over-expression strongly inhibited TNFα-induced NF-κB/p65 protein translocation in the nucleus. RORa1 silencing by siRNA treatment increased basal IkBa phosphorylation and interacted synergistically with TNFα-induced IκBα phosphorylation and NF-κB/p65 protein translocation in the nucleus. In contrast, RORa1 over-expression decreased TNFa-induced phosphorylated IkBa.



Fig. 3. Effect of ROR $\alpha$ 1 on modulation of the osteoblast metabolism markers ALP, OC, and COL I. MG-63 cells were transfected with scrambled siRNA control, ROR $\alpha$ 1 siRNA, empty-vector, or ROR $\alpha$ 1 expression plasmid, as described in the Materials and Methods Section. ALP mRNA (A) and activity (B), OC mRNA (C) and protein (D), COL I mRNA (E) and protein (F) were analyzed by quantitative real-time RT-PCR, ELISA, or Western blotting, respectively. ALP, OC, and COL I mRNA levels were normalized to GAPDH mRNA expression. The data are means  $\pm$  SEM of n = 3 and expressed as relative to scrambled siRNA or empty vector-treated control. Student's unpaired *t*-test: \**P* < 0.05, \*\**P* < 0.01, \*\*\**P* < 0.001.

## DISCUSSION

In the present experiments, we characterized RORa1 and investigated its role in human osteoblast metabolism. The presence of RORa in rat chondrocytes from articular cartilage was demonstrated by Bordji and coworkers [Bordji et al., 2000]. Heightened RORa mRNA expression was observed in human mesenchymal stem cells undergoing osteogenic differentiation [Bordji et al., 2000; Meyer et al., 2000]. However, our study was the first to document  $ROR\alpha 1$ expression in human osteoblasts, the principal bone-forming cell type present in bone. RORa1 expression was low in osteoblasts isolated from rheumatoid arthritis (RA) patients undergoing knee joint replacement, compared to normal human osteoblasts or MG-63 osteoblast-like cells (data not included). The variation in RORa1 expression could be attributed to the physiological or pathological conditions of osteoblasts. Up to now, there are four known human RORa isoforms. The expression and precise role of RORa1 in RA disease and in joint tissues still remain to be elucidated. Considering

recent articles reporting the ability of ROR $\alpha$  to control inflammation [Delerive et al., 2001] and bone metabolism [Meyer et al., 2000], the finding of novel mechanisms regulating its expression in osteoblasts could lead to pharmacological targeting of ROR $\alpha$ 1 in RA.

Bone formation is a process involving the synthesis and deposition of extracellular matrix by osteoblasts with its subsequent mineralization. The differentiation and proliferation of osteoblasts can be regulated by numerous growth factors, hormones, and cytokines. Osteoblast function is also under the control of multiple transcription factors at various stages [Yang and Karsenty, 2002]. Core binding factor a1 and osterix have recently been considered as important osteoblast-specific transcription factors [Ducy et al., 1997; Nakashima et al., 2002]. Other transcriptional factors, such as Dlx5, Msx 2, Fos, and Twist, are not bone cell-specific but are predominantly expressed in the skeleton during development [Morsczeck, 2006]. The coordinated action of these factors affects the expression of osteoblast metabolism marker genes. To widen our knowledge and understanding of the role of ROR $\alpha$ 1 in osteoblast





metabolism, we first investigated the impact of its expression on the osteoblast metabolism markers ALP, OC, and COL I in human MG-63 osteoblast-like cells. Our results revealed that reduced ROR $\alpha$ 1 expression affected osteoblast mineralization as well as ALP, OC, and COL I expression at the mRNA level, as measured by quantitative real-time RT-PCR. In contrast, ROR $\alpha$ 1 over-expression increased osteoblast mineralization as well as ALP, OC, and COL I mRNA expression. ALP activity, OC, and COL I protein expression changed in a similar manner. ALP and COL I are osteoblast markers of early-stage cellular differentiation, and OC is a marker of late-stage cellular differentiation. By affecting these osteoblast markers, we suggest that ROR $\alpha$ 1 might be involved in both early- and late-

stage osteoblast differentiations. In a recent study, Lyashenko et al. [2010] reported that loss of the ROR1 results in a variety of phenotypic defects within the skeletal, including growth retardation and abnormal mineralization.

ROR $\alpha$  can directly regulate gene expression by binding to RORE in target gene promoters in a monomeric fashion and appears to act as a constitutive transcriptional activator in the absence of exogenously added ligand [Enmark and Gustafsson, 1996; Schrader et al., 1996]. In particular, this RORE specifically binds ROR $\alpha$ 1 and ROR $\alpha$ 4, but not ROR $\alpha$ 2 and ROR $\alpha$ 4 [Steinhilber et al., 1995; Meyer et al., 2000]. RORE sites have been identified in many gene promoters, namely, human retinoic acid receptor  $\beta$ , 5-lipoxygenase,



Fig. 5. Effect of ROR $\alpha$ 1 on PGE<sub>2</sub> release and COX-2 expression. MG-63 cells were transfected with scrambled siRNA control, ROR $\alpha$ 1 siRNA, empty-vector, or ROR $\alpha$ 1 expression plasmid, as described in the Materials and Methods Section. Six hours after transfection, the cells were incubated in the presence or absence of TNF $\alpha$  (10 ng/ml) for 48 or 8 h for PGE<sub>2</sub> and COX-2 mRNA and protein measurement. A: PGE<sub>2</sub> release was evaluated in culture medium with PGE<sub>2</sub> enzyme immunoassay kit. B: COX-2 mRNA levels were analyzed by quantitative real-time RT-PCR and normalized to GAPDH mRNA expression. C: COX-2 protein levels were quantified by Western blotting. The data are means ± SEM of n = 3. Student's unpaired *t*-test: \**P*<0.05, \*\**P*<0.01, \*\*\**P*<0.001.

bone sialo protein, mouse Purkinje cell protein-2, and chicken  $\gamma$ Fcrystalline. Moreover, apolipoprotein, Rev-erb $\alpha$ , and peroxisome proliferator-activated receptor-gamma are especially induced by ROR $\alpha$ 1 [Sundvold and Lien, 2001]. Recently, Meyer et al. [2000] reported that ROR $\alpha$  regulates the OC gene in osteoblasts, by direct binding to the OC promoter region in ROS 17/2.8 cells. We conducted a search in the Ensemble database (www.ensembl.org) to obtain sequence information on the 5-kb 5'-flanking region of ALP and COL I gene. Our analysis disclosed the presence of several potential ROR $\alpha$ -binding sites in the promoter region of both ALP and COL I. Thus, it is conceivable that ROR $\alpha$ 1 might regulate the expression of ALP, OC, and COL I genes at the transcriptional level.



However, considering the distal locations of RORE in osteoblast metabolism marker genes whose expression is affected by ROR $\alpha$ 1, the effect of ROR $\alpha$ 1 might be secondary. ROR $\alpha$ 1 could control transcription of another master osteoblast differentiation gene, which needs to be identified and, in turn, could regulate the expression of osteoblast marker genes.

The mechanisms causing bone damage in RA are complex and involve the association of many pro-inflammatory mediators and degradative enzymes [Kaneko et al., 2001; Ram et al., 2006]. Thus, we tested the hypothesis that MMP-9 and COX-2 expressions are under RORa1 control. MMP-9 and COX-2 are important in the local regulation of bone formation and bone resorption [Kaneko et al., 2001; Lu and Rabie, 2006]. We demonstrated that RORa1 siRNA treatment increased basal and TNFa-induced COX-2 at the mRNA level in MG-63 cells. PGE<sub>2</sub> was also augmented by RORa1 gene silencing. In contrast, RORa1 over-expression inhibited basal and  $TNF\alpha$ -induced  $PGE_2$  release and COX-2 mRNA expression. We observed that primary osteoblasts derived from RA patients expressed elevated MMP-9 mRNA levels (data not shown), indicating a role of inflammation in the induction of this degradative enzyme. The reduced expression of RORa1 by siRNA treatment increased basal and TNFa-induced MMP-9 mRNA and basal MMP-9 protein, but not TNFα-induced MMP-9 protein level. RORa1 over-expression repressed both basal and TNFa-induced MMP-9 at the protein and mRNA levels. Moreover, no NF-KB/p65



Fig. 7. Effect of ROR $\alpha$ 1 over-expression on TNF $\alpha$ -induced NF- $\kappa$ B activation. MG-63 cells were transfected with scrambled siRNA control, ROR $\alpha$ 1 siRNA, empty-vector, or ROR $\alpha$ 1 expression plasmid, as described in the Materials and Methods Section. Six hours after transfection, the cells were incubated in the presence or absence of TNF $\alpha$  (10 ng/ml) for 1 h. A: NF- $\kappa$ B-Luc gene constructs were co-transfected in MG-63 cells. Luciferase levels were then measured in cellular extracts with specific commercial kits and normalized to protein levels. B: Total cell lysates or nuclear extracts (approximately 50  $\mu$ g) were prepared and analyzed by Western blotting with anti-phospho-I $\kappa$ B $\alpha$  or anti-NF- $\kappa$ B p65 antibody. The data are means ± SEM of n = 3. Student's unpaired *t*-test: \*P < 0.05, \*\*P < 0.01.

translocation from cytosol to the nucleus and phosphorylated I $\kappa$ B $\alpha$  were observed in osteoblasts transfected with ROR $\alpha$ 1. This finding was confirmed by NF- $\kappa$ B binding activity. ROR $\alpha$  has been shown to be a negative regulator of inflammatory responses [Delerive et al., 2001].

In many cell types, the NF-kB pathway is one of the transcription factors involved in IL-1 $\beta$ - and TNF $\alpha$ -induced COX-2 and MMP-9 [Crofford et al., 1997; Yan et al., 2004]. RORa1 has been demonstrated to suppress the TNFa-induced expression of proinflammatory genes in part by inhibiting NF-kB signaling pathways in vascular smooth muscle cells [Delerive et al., 2001; Migita et al., 2004]. In addition, in human umbilical vein endothelial cells, the inhibition of NF-KB signaling pathways by RORa1 and RORa4 l leads to the suppression of TNFa-induced adhesion molecule expression [Migita et al., 2004]. Unexpectedly, sequence information on the 5-kb 5'-flanking region of COX-2 and MMP-9 revealed the absence of ROR $\alpha$ -binding sites in these sequences. ROR $\alpha$ 1 repression at the COX-2 and MMP-9 promoter may occur through a RORE-independent mechanism. Another possibility is that RORa1 does not bind directly to the COX-2 or MMP-9 promoter; it may mediate repression by interacting with other proteins bound to the promoter.

In summary, we demonstrated that  $ROR\alpha 1$  was involved in the regulation of osteoblast mineralization and of osteoblast marker

genes ALP, OC, and COL I in vitro. Further studies are required to address the regulation of these biomarkers and their impact on bone formation in vivo. Thus, a ROR $\alpha$ 1 conditional knockout animal model should help to clarify this issue. We also observed that ROR $\alpha$ 1 repression of TNF $\alpha$ -induced COX-2 and MMP-9 expression and PGE<sub>2</sub> release required inhibition of the NF- $\kappa$ B signaling pathway. All our findings suggest that ROR $\alpha$ 1 may play an important protective role in bone metabolism in RA. The exact molecular mechanism by which it regulates the expression and activity of these pro-inflammatory factors needs further investigation.

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